

Self Control: Path To A Successful Career

being

Text of Presentation

by

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SEMINAR SERIES

**Main Theme:
SELF CONTROL AS A KEY TO POSSESSING
GOD'S PROMISES**

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What Is Career?

- A chosen Pursuit; profession or occupation
- The general progress in one's working or professional life
- Whatever occupies one's time for livelihood
- Common examples are:
 - Career Diplomat
 - Engineer
 - Doctor
 - Lawyer
 - Accountant
 - Insurer
 - Trader
 - Civil Servant

The Successful Career

- Success is: The achievement of something attempted
- The gaining of fame or prosperity
- One that succeeds
- Prosperous
- Profitable
- Flourishing
- Making Money

Control

- To exercise authority or influence over; direct
- To hold in restraint; check
- Power to manage, direct or dominate
- Have charge of
- Hold back; curb
- Bridle or subdue
- Discipline

Why The Need For Control

- **Societal norms: A standard, model or pattern regarded as typical (Morality)**
- **In Organizations (There are rules and regulations)**
- **In Church (Doctrine, A body of principles presented for acceptance or belief, as by a religious, political or philosophic group)**
- **Relationship with people**

What Needs Control In Self

- Eyes [Feed with intellectually rewarding materials]
- Mouth
Food, Prov. 23:21
Tongue, Prov. 18:21, 25:15, 26:28
- Sleep, Prov. 6:10-11, 20:13
- Mind [Remember the idle one?]
You can't stop evil thoughts from flashing in your mind but don't nurture it. Math. 15:11 & 19, Eph. 4:23-24

...Control In Self [contd.]

- **Attitude & Emotion:**

A position of the body or manner of carrying oneself and/or Posture.

A strong feeling, as of joy, sorrow or hate.

A state of mental agitation or disturbance. Math. 11:28-30

- **Desire:**

i] To wish or long for; want.

ii] Appetite

Neuro-Associative Conditioning (NAC) is a step-by-step process that can condition your nervous system to associate pleasure to those things you want to continuously move toward and pain to those things you need to avoid in order to succeed consistently in your life without constant effort or willpower.

Roadblocks To Success

- The Roadblock of Fear. 2 Tim. 1:7, Heb. 13:6, Isaiah 41:10-13, Josh. 1:6
- The Roadblock of Doubt (Lack of assurance). Heb. 11:6, Phil. 4:13 & 19, Heb. 13:5, Math. 7:7
- The Roadblock of Excuse. Math. 25:24-25
- The Roadblock of Procrastination
- The Roadblock of Greed. Luke 12:15, Eph. 5:3, Col. 3:5
- The Roadblock of Sin. Prov. 14:34
- The Roadblock of Slothfulness. Prov. 18:9

Conclusion

- Self control has impact on personal development
- Level of personal development affects attainment of a successful career
- You need the grace of God. Heb. 12:1-2, Joshua 1:8.